Prostate Biopsy Instructions

- Please <u>STOP</u> the following medications (7) days prior to your appointment: <u>ASPRIN, COUMADIN (Warfarin), PLAVIX (Clopidogrel), FISH OIL, VITAMIN E,</u> <u>ALL MULTIVITAMINS, MOTRIN, IBUPROFEN (Advil), NAPROXEN, AND ALEVE</u>.
- **2.** Perform a <u>*FLEETS ENEMA*</u> (2) hours prior to your appointment... You may purchase this at your local pharmacy - No prescription required.
- **3.** Take antibiotics (2) hours prior to your appointment and for (2) days after your procedure.
- **4.** You may have a light meal prior to appointment.
- 5. You WILL NEED to have someone drive you to and from the appointment.
- 6. You will need to take the day off and plan to take it easy at home ALL DAY.
- 7. Please call the office if you have any questions: (904) 264-8418